



MISSION

SFT works in solidarity with the Tibetan people in their struggle for freedom and independence. We are a chapter-based network of young people and activists around the world. Through education, grassroots organizing, and non-violent direct action, we campaign for Tibetans' fundamental right to political freedom. Our role is to empower and train youth as leaders in the worldwide movement for social justice.

VISION

In our work for Tibetan independence we also aim to inspire and enable people, especially youth, to create a just and equitable world, free of oppression, in which there is respect for the earth and all living things.

ABOUT TIBET

Situated on a vast, high-altitude plateau between India and China, Tibet is known as the "Roof of the World". Prior to China's illegal invasion in 1949, Tibet existed as a sovereign nation the size of Western Europe, with its own language, government, and currency. Since then, China has exploited Tibet's resource-rich land and suppressed the Tibetan people's religion, culture and identity through violent force and the migration of Chinese settlers into Tibet. The Tibetan people—both inside Tibet and in exile—have never given up and the movement for freedom continues to grow stronger.

NOT A STUDENT?

SFT IS STILL FOR YOU!

You may not be able to spend hours organizing events and raising a ruckus the way students can, but you can still make your voice heard by taking part in SFT campaigns and supporting the work that dedicated students around the world are doing. Members of SFT take action through our email action network, help with events and direct actions, and fund the most effective grassroots organization working for Tibet.




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**Largest grassroots network in the
Tibetan Freedom Movement**



"The achievements of Students for a Free Tibet show that nonviolent action does work."

– His Holiness the 14th Dalai Lama

TIBET TODAY

There is no political dissent allowed in Tibet. Actions like saying, 'Free Tibet,' participating in non-violent protests, possessing a Tibetan flag or a picture of the Dalai Lama result in imprisonment, torture, and/or death. Under this suffocating repression, at least 145* Tibetans inside Tibet have lit their own bodies on fire since 2009 to protest Chinese rule.

*as of June 1, 2016

LEADERSHIP TRAINING

At SFT, we believe that we are the leaders we have been waiting for. Each year, SFT trains hundreds of youth activists around the world, combining celebration, inspiration, education, discussion and action to empower young people and activists to be leaders in the Tibet movement and in the movement for social justice worldwide.

5 WAYS TO GET INVOLVED

1. **SIGN UP FOR SFT EMAIL ALERTS**
studentsforfreetibet.org
2. **START OR JOIN A CHAPTER**
Become part of the fastest growing and hardest-hitting student organization working for Tibet.
3. **BECOME A MEMBER**
Get your official SFT membership card and join our global network.
4. **ORGANIZE A TALK/FILM-SCREENING**
Help educate and inspire your friends and family to take action for Tibet.
5. **STAY CONNECTED WITH SFT**

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